

Notes from the Board:

- The board plans on some informative talks on upcoming Saturdays, following the work out. Suggested topics are: Bullying and Harassment, Athlete Nutrition, Concussion in Sport. If you have any topics to suggest please let us know.
- We will still need assistance in getting our new Clubhouse in shape. There are tasks to be done to get the kitchen, bathroom, storage and utility rooms set up and workable. Contact the office if you can spare any time to help.
- Changes are pending in the structure and membership of the Board, we have new members and will restructure accordingly.

Contact the office @ 437-242-3513 or 416-258-2888

Athlete Profile: Sophie Di Marino

Sophia attends St. Peter's Catholic School but will be transferring to Holy Cross Catholic Academy in the fall. Her events are 400m, 800m & 1500m. She came away with a new PB of 2.22 in the 800m recently and will be competing in the upcoming Legion provincial meet in the 800m & 1200m!



Coaches Corner: Erwin Turney

In keeping with his time-honoured approach to pumping out Olympic and National class athletes, Erwin has demonstrated his prowess at consistently helping our club athletes to achieve OFSAA medals on a yearly basis, since rejoining his Original club – Etobicoke Track.



Volunteer of the Month: Maggie Galloway

Hats off to our amazing volunteer! Maggie is one of our most consistent bingo volunteers and is always among the first to step up to help during special events and club meets. Most recently Maggie put in a stellar multi-day performance at the 2019 Special Olympic Ontario Invitational Youth Games.



Policy Overview:

Discrimination and Harassment Policy

The Clubs are committed to providing a sport and work environment in which all individuals are treated with respect and dignity. Everyone has the right to participate and work in an environment which promotes equal opportunities and prohibits discriminatory practices.

Discrimination and harassment are offensive, degrading and threatening therefore, it is the Club's position that discrimination and harassment will not be tolerated. As well, any retaliation against an individual for having filed a complaint or for having participated in any procedure under this policy, or for having been associated with a person who filed a complaint or participated in any procedure under this policy, will be treated as harassment, and will not be tolerated.

Members found to have engaged in conduct constituting discrimination and harassment, may be disciplined and/or suspended to the full extent of this policy and the law. For a copy of the full Policy-contact the office 437-242-3513 or 416-258-2888.

Summer Camp:

Our Camp commenced July 2nd! Make sure to get registered so you can work on your form, while having fun and making new friends. Visit our website to access the forms @ <http://etobicoketrack.ca/sportscamp/>

March Break in Alabama Training Camp:

A reminder that we have begun to organize the 2020 Camp. Email Catherine at catherine.weber@primus.ca to be added to the email list for information updates.

<http://etobicoketrack.ca/march-break-camp/>

Parent Programs:

- 1) Please make the effort to join our Run/Walk program during your kid's practice time. Use your gift of "ME" time to get in some mileage or simply some steps. Contact Julius to register your yourself as a casual member.
- 2) Those who might be want a more competitive challenge should join the Etobicoke Track Masters Program. Masters competitions have no entry standards and all levels and ages are welcome. Email Catherine @ Catherine.weber@primus.ca to join, or for more information visit www.ontariomasters.ca.

Volunteer Opportunities – Contact us @ 416-258-2888

Bingo volunteers are always needed! It requires you to attend a 1-hour training event (taking place the first Tuesday of each month), and then a small commitment over the year of 1 or 2 Bingo (2 hour) sessions only. We receive a nice boost in funds from the OLG-Bingo for our participation in this program.

Inspiring Athletes to Achieve Their Personal Goals Within Our Supportive, All-inclusive Environment