

Notes from the Board:

- The Board meets monthly. We are presently working on securing a lease on an office location. Also, we are busy developing Policies and Procedures, in accordance with our new Strategic Plan.
- Our present priorities are to organize and market our summer camp.
- PLEASE NOTE: Our Annual General Meeting will be held @ the Etobicoke Civic Center 399 The West Mall Etobicoke on Saturday March 30th @ 11:00 (following workout)-ALL ARE WELCOME! Pizza lunch will be provided for attendees. **Door prize is \$200.00 credit towards Annual registration or Camp fees.**
- This year 19 of us are attending the 14th Annual March Break Training Camp in Alabama, March 8-17th/2019
- Special Olympics World Youth Games – We host TRACK & FIELD- Toronto May 14-16/2019 - see below

Athlete Profile:

Erik Johnson is a student @ St Michael's College School and has been with our Club for 4 years. He is a sprinter who runs 100m and relay and is a member of the current National Championship Team in the 4x200, along with his friends Shemar, Javon and Josh. He has also been a summer camp Counselor during his time with our club. Besides track, Erik is a member of the U18 Etobicoke Rangers Elite baseball Provincial Champions team and has just signed a commitment to St Mary's University (Halifax) to play football in the fall.



Coaches Corner:

Keesha Danso-Dapaah is involved in Junior Development, Sprints / Distance. She is a former Division 1 USA Track athlete and OFSAA Champion, specializing in short, middle and long distance running. Keesha started her track journey as a member of Etobicoke Track & Field Club in 2004 (competing nationally in shorter distances and also winning senior year Cross Country). She is now giving back to the program that she grew up with, as a new coach for both sprints and distance.

Volunteer of the Month:

Catherine Webber has organized the Parent Volunteer registration initiative, re-ignited our Master Program, handles our uniform order and distribution, facilitated the banquet with our Social Committee, organized the MTA XC Championships and she still finds time to coach our MTA members-She's awesome!



Volunteer Opportunities For All - Contact us @ 416-258-2888

- Bingo volunteers are always needed! It requires you to attend a quick one-hour training event, and then a small commitment over the year of only 1 or 2 Bingo (2 hour) sessions only. We receive a large and absolutely necessary boost in funds from the OLG-Bingo for our participation in this program – Without it our fees would have to increase substantially.- **PLEASE VOLUNTEER**
- Are you interested in learning about the inner workings of this Club? We are looking for (up to 3) Board members to fill out our roster.
- Special Olympics World Youth Games are coming to Toronto May 14-17, 2019 and our Club is blessed to be organizing the Track and Field component. **We need 30+ volunteers** (especially day-time May 16 & 17) to help make this an amazing event!

Please Contact Julius to let him know you're interested. We need to sign you up well in advance to submit a list of names to the Organizing Committee. <https://youthgames2019.com/>

- While we do have an amazing group of volunteers, this is a large club and we are very much in need of **additional Volunteers/Assistants/Committee Members** for various tasks, such as Track Meet planning, Bingo Management, Club Socials/Meetings/presentations, Parents/Masters Training Groups, Website assistance, Bookkeeping, Contact management, Office set-up & management, and various other duties - Please do volunteer and let's keep this club very efficient

March Break

Please note March Break training locations and schedules for the various coaching Groups.

We do have Burnhamthorpe gym available for both Saturdays of the Break (March 9 and March 16). (Terry Clarke will be on hand both Saturdays at 9am to run all junior development workouts)

We do **not** have Burnhamthorpe gyms available for Monday (March 11), the school is closed

We do not have Broadacres public school from March 7 to March 16th. It does re-open on Monday March 18th.

PLEASE **contact your coach** before the break occurs and verify training locations and scheduling. Coaches Julius, Trevor and Mohamed will be away from March 8 to March 17th.